

Today's Menu

Oakey Assisted Living
Executive Chef



STARTERS

APPETIZERS & SALADS

Mixed Green Salad
Chef Salad
Caesar Salad

TODAY'S SOUP

Butternut Squash

ENTRÉES

**Lemon and Herb Baked Cod Served with Garlic Mashed Cauliflower
and Squash Medley**

or

**Beef Medallions Served atop Bettered Parmesan Noodles and
Seasoned Zucchini**

LAND AND SEA

Oakey House Cheeseburger
(Turkey or Veggie burger on request)

Grilled Chicken Sandwich
Grilled breast on toasted bread of choice

Catch of the Day
Pan seared with Chef's choice veggies

DAILY DELIGHTS

Deli Sandwich
Turkey, Ham, BLT Sandwich served with
lettuce and Tomato on your bread of choice
(Toasted on request)

Grilled Hot Dog

Grilled Cheese
Toasted to perfection on bread of choice

SWEET ENDINGS

Selection of Ice Creams

Dessert of the Day
Pineapple Upside Down Cake

Fresh Fruit or SF Jell-O
(Fresh Whipped Cream available by request)

SIDES

French Fries
Baked Potato or Yam
Apple Sauce
Cottage Cheese
Potato Chips